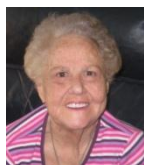


We are so pleased to announce that **Ken Canter** has come to Made to Stay as our Resource Manager. His duties will primarily consist of volunteer recruitment, fundraising and publicity. He will also be a back-up for the director so he will have a very “full plate”. Ken comes to us with a tremendous background in areas of management but, more importantly, he is a really fine Christian man with a heart for helping others.  
THANKS, KEN, FOR JOINING US!!

### Memorials

Joy Cope



1932-2020  
5yr member

Claudette Simpson



1936-2020  
5yr member

### THANK YOU!

For your financial support & encouragement

Eckstein Charitable Trust

United Way of Paducah-McCracken County

Community Foundation of W. Ky.

### How you can help

- **PRAY** for our members , volunteers, and MTS operations
- **VOLUNTEER**—please visit our website for more info. or call Ken at 270-331-7570
- **DONATE** monthly, yearly or a one time gift  
You can also use us as your charity of choice with Amazon Smiles or your Kroger Plus membership
- “Like & Share” us on Facebook



United Way of  
Paducah-McCracken County

### WELCOME NEW VOLUNTEERS



Tommy  
Hollimon



Ann  
Fraley

### Contact us at:

Made to Stay  
126 Cambridge Drive  
Paducah, KY 42001  
270-331-9288 or 270-331-7570  
info@madetostay.org  
madetostay.org



# Made to Stay

ENABLING SENIORS TO STAY IN THEIR HOMES

May 2021

---



**Merle and Norma Gene** have been members of Made to Stay for over 3 years. Merle is a retired Methodist minister and, despite his dementia, he could always be called on at our luncheons to pray over our food. He may have forgotten a lot of things but he had not forgotten how to talk with the Lord. Merle and Norma Gene really enjoyed participating in our Made to Stay luncheons and game days. They almost never missed one. They had lots of interesting stories to tell and fresh baked banana nut bread to share.



Merle and Norma Gene are leaving Made to Stay now to go live near their daughter. We will miss them so much. Norma Gene always said that Made to Stay was the best organization in Paducah and she didn't know what she would do without it. But having members like them to love and offer services to is what makes Made to Stay a great organization.

Beginning May 1, 2021, Made to Stay will be making a program called **StrongerMemory** by Goodwin House available to its members and volunteers. "StrongerMemory is a program designed to help those facing mild cognitive challenges or an early diagnosis of dementia. This program consists of simple activities practiced daily to engage the working memory and trigger brain activity in the prefrontal cortex, which research indicates might help stabilize or improve cognitive functions. StrongerMemory is not a cure—there is no known cure for Alzheimer's or dementia. This is a tool that might help some people to slow the symptoms of cognitive decline and gain more "good" years. For more info:  
[strongermemory@goodwinhouse.org](mailto:strongermemory@goodwinhouse.org)



## **Words by member, Ms Jerry:**

"I want to start by saying Made to Stay has taken a worry from me. I had a car wreck in March. No one was hurt except me. I had a few fractured ribs. I started to worry about how I was going to get where I needed to go. I know I should not drive at my age. I remember someone talking about Made to Stay. I called and a nice lady came to explain the program. I signed up then. I'm so happy to be one of Made to Stay. Everyone is so nice and helpful."